

KEY FINDINGS REPORT



Substance Prevention
Education & Action Coalition

SPEAC

DID YOU KNOW...



Students are making healthy and safe choices
when it comes to **NOT** using substances:

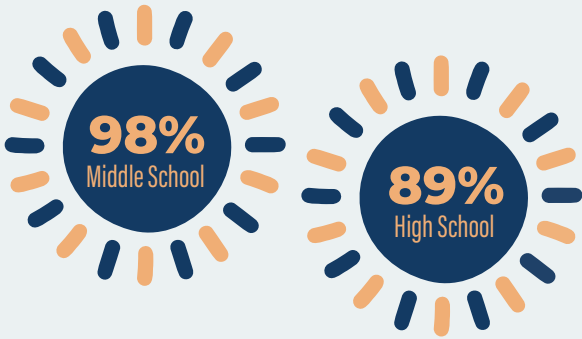
92% of Forest Lake students
DON'T drink alcohol in a typical month (R6)

94% of Forest Lake students
DON'T use marijuana in a typical month (R7)

93% of Forest Lake students
DON'T vape or use e-cigarettes in a typical month (R8)



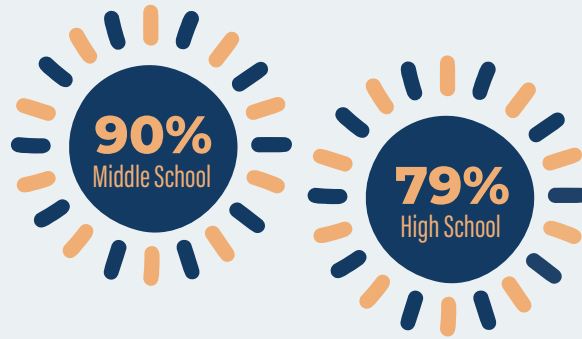
Students have protective behaviors and attitudes about NOT using alcohol.



students **DON'T** drink alcohol in a typical month (R6)

— AND ONLY —

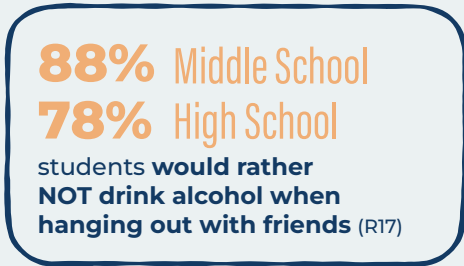
80% Middle School & 40% High School students correctly perceive this norm (R10)



students **AGREE** parents and guardians should talk with with them about the importance of **NOT** using alcohol (R29)

— AND ONLY —

71% Middle School & 52% High School students correctly perceive this norm (R30)

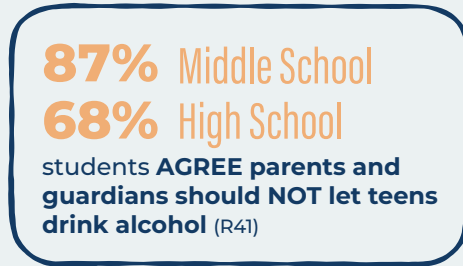


students **would rather NOT** drink alcohol when hanging out with friends (R17)

AND ONLY



students correctly perceive this norm (R20)

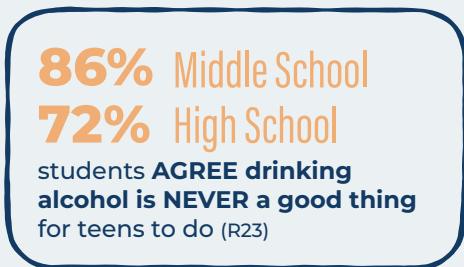


students **AGREE** parents and guardians should **NOT** let teens drink alcohol (R41)

AND ONLY



students correctly perceive this norm (R42)

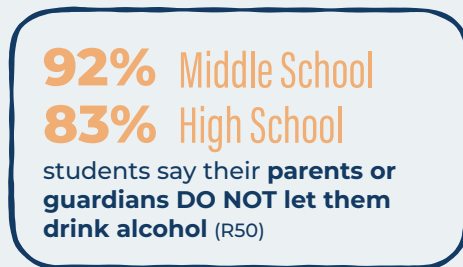


students **AGREE** drinking alcohol is **NEVER** a good thing for teens to do (R23)

AND ONLY



students correctly perceive this norm (R24)



students say their **parents or guardians DO NOT** let them drink alcohol (R50)

AND ONLY



students correctly perceive this norm (R53)

For those students who have NOT used alcohol in the past 30 days, here's what influenced their choice:

(R57-66)

84% Middle School	73% High School	My family would not approve
66% Middle School	42% High School	My friends would not approve
58% Middle School	51% High School	I am involved in extracurricular activities
72% Middle School	49% High School	It could lower my grades in school
70% Middle School	56% High School	I might not be in control of my emotions, thoughts, or behavior
71% Middle School	60% High School	It doesn't fit the image I have of myself
57% Middle School	48% High School	I want to be a positive role model for others
28% Middle School	31% High School	I have a family history of alcohol or drug problems
76% Middle School	66% High School	I don't need it to have a good time
81% Middle School	67% High School	I don't see any benefits of using it

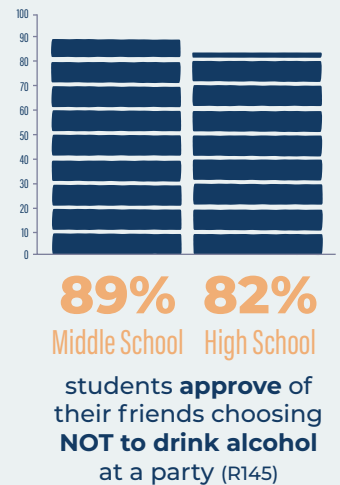
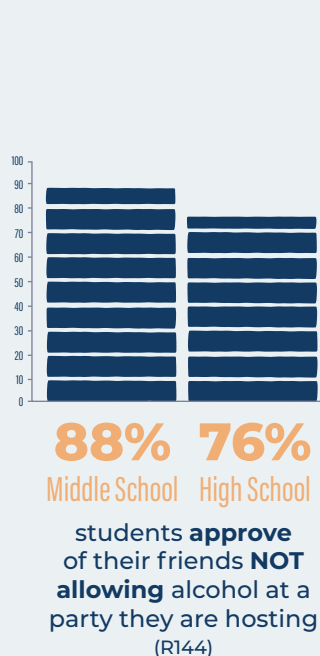
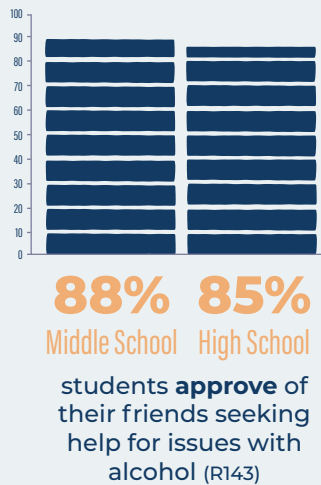
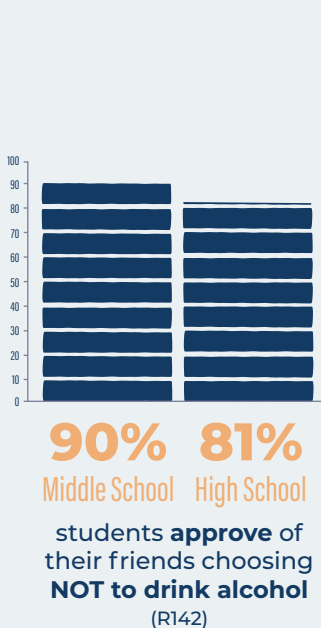
MOST STUDENTS agree that they DON'T need alcohol to have fun

92% Middle School **82%** High School
students **AGREE** "I don't need alcohol to have fun"
(R130)

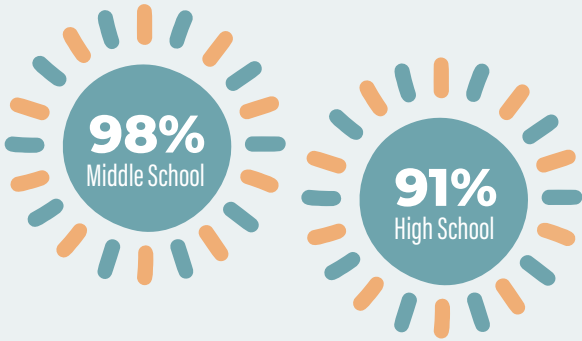
86% Middle School **70%** High School
students **AGREE** "I encourage my friends **NOT** to drink alcohol"
(R132)

AND ONLY **73%** Middle School **43%** High School
students correctly perceive this norm (R131)

AND ONLY **67%** Middle School **34%** High School
students correctly perceive this norm (R133)



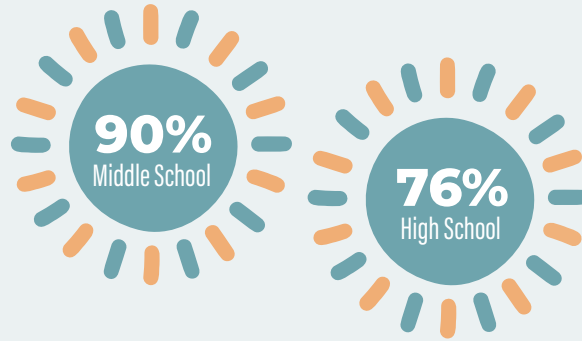
Students have protective behaviors and attitudes about **NOT** using marijuana.



students **DON'T** use marijuana in a typical month (R7)

— AND ONLY —

82% Middle School & 44% High School students correctly perceive this norm (R11)



students **AGREE** parents and guardians should talk with them about the importance of **NOT** using marijuana (R32)

— AND ONLY —

77% Middle School & 51% High School students correctly perceive this norm (R33)

90% Middle School
83% High School

students **would rather NOT** use marijuana when hanging out with friends (R18)

90% Middle School
75% High School

students **AGREE** parents and guardians should **NOT** let teens use marijuana (R44)

AND ONLY 60% Middle School
34% High School

students correctly perceive this norm (R21)

AND ONLY 77% Middle School
49% High School

students correctly perceive this norm (R45)

87% Middle School
70% High School

students **AGREE** using marijuana is **NEVER** a good thing for teens to do (R25)

97% Middle School
93% High School

students say their **parents or guardians DO NOT** let them use marijuana (R51)

AND ONLY 74% Middle School
41% High School

students correctly perceive this norm (R26)

AND ONLY 93% Middle School
82% High School

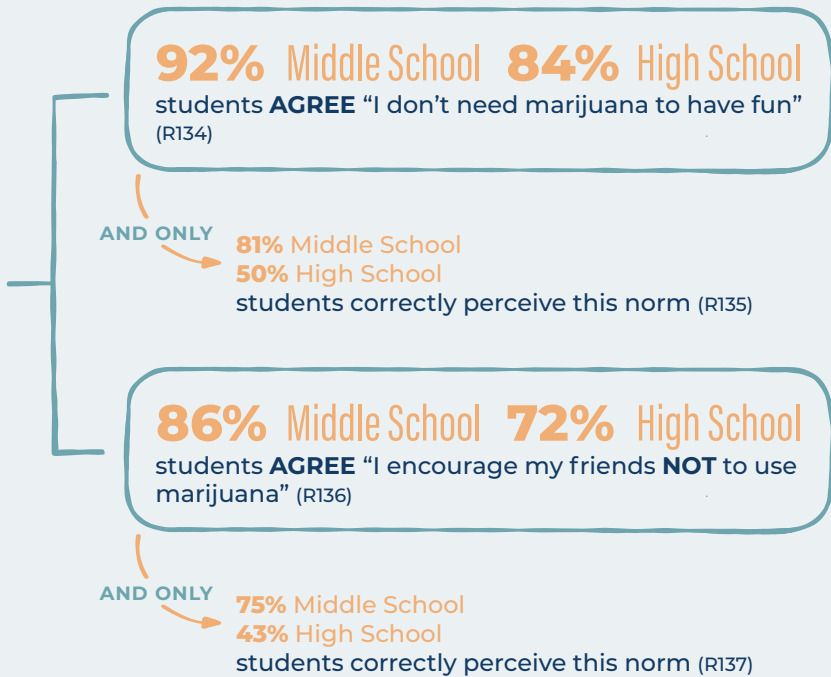
students correctly perceive this norm (R54)

For those students who have NOT used marijuana in the past 30 days, here's what influenced their choice:

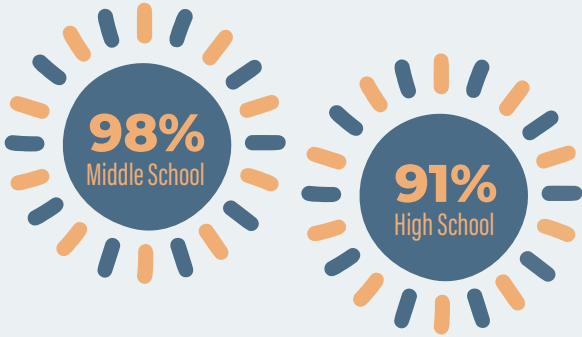
(R80-89)

86% Middle School	73% High School	My family would not approve
72% Middle School	48% High School	My friends would not approve
57% Middle School	49% High School	I am involved in extracurricular activities
73% Middle School	50% High School	It could lower my grades in school
70% Middle School	51% High School	I might not be in control of my emotions, thoughts, or behavior
74% Middle School	61% High School	It doesn't fit the image I have of myself
60% Middle School	46% High School	I want to be a positive role model for others
21% Middle School	25% High School	I have a family history of alcohol or drug problems
74% Middle School	62% High School	I don't need it to have a good time
80% Middle School	65% High School	I don't see any benefits of using it

MOST STUDENTS agree that they DON'T need marijuana to have fun



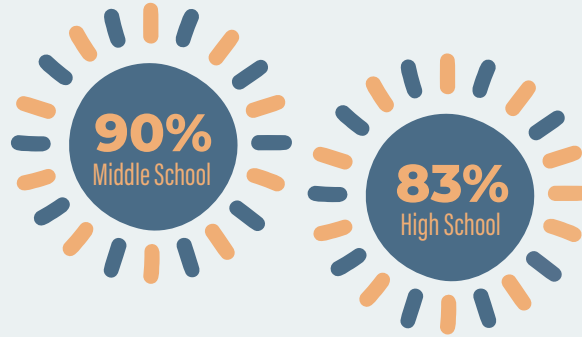
Students have protective behaviors and attitudes about NOT vaping or using e-cigarettes.



students **DON'T** vape in a typical month (R8)

— AND ONLY —

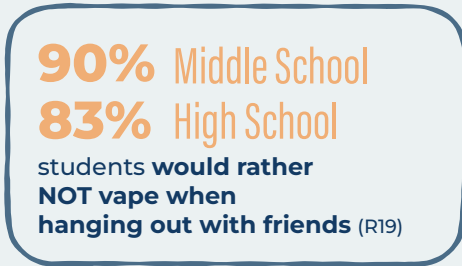
52% Middle School & 26% High School students correctly perceive this norm (R12)



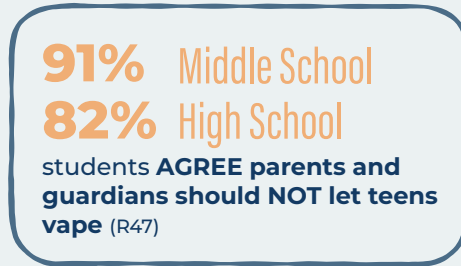
students **AGREE** parents and guardians should talk with them about the importance of **NOT** vaping (R35)

— AND ONLY —

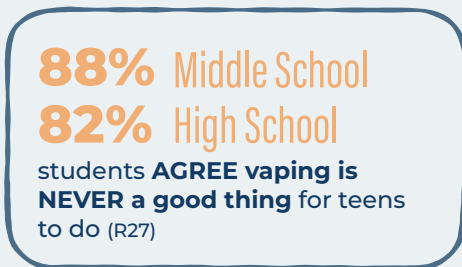
64% Middle School & 47% High School students correctly perceive this norm (R36)



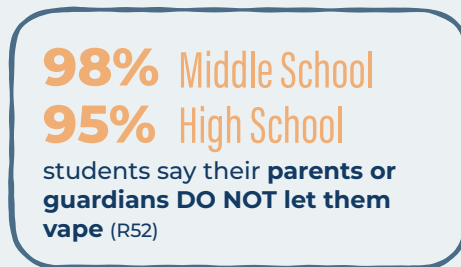
AND ONLY 38% Middle School
22% High School
students correctly perceive this norm (R22)



AND ONLY 65% Middle School
43% High School
students correctly perceive this norm (R48)



AND ONLY 50% Middle School
33% High School
students correctly perceive this norm (R28)



AND ONLY 71% Middle School
71% High School
students correctly perceive this norm (R55)

For those students who have NOT vaped or used e-cigarettes in the past 30 days, here's what influenced their choice:

(R107-116)

87% Middle School	77% High School	My family would not approve
69% Middle School	52% High School	My friends would not approve
57% Middle School	50% High School	I am involved in extracurricular activities
68% Middle School	47% High School	It could lower my grades in school
65% Middle School	47% High School	I might not be in control of my emotions, thoughts, or behavior
74% Middle School	66% High School	It doesn't fit the image I have of myself
59% Middle School	48% High School	I want to be a positive role model for others
23% Middle School	24% High School	I have a family history of alcohol or drug problems
75% Middle School	64% High School	I don't need it to have a good time
83% Middle School	74% High School	I don't see any benefits of using it

MOST STUDENTS agree that they DON'T need to vape or use e-cigarettes to have fun

93% Middle School **83%** High School students **AGREE** "I don't need to vape to have fun" (R138)

AND ONLY

67% Middle School
39% High School students correctly perceive this norm (R139)

88% Middle School **75%** High School students **AGREE** "I encourage my friends **NOT** to vape" (R140)

AND ONLY

62% Middle School
33% High School students correctly perceive this norm (R141)